

REALFIT CENTRE

FREE
TRIAL
CLASSES

REAL → PEOPLE
→ GOALS
→ RESULTS

At Realfit we have every aspect of your fitness covered.
We are here to help you achieve your goal.

So, if you are bored of your gym routines or just
want to try a new way to exercise – try Realfit,
you will not be disappointed.



07864 364037

www.realfitcentre.co.uk



- **Friendly, non-judgemental community Fitness centre.**
- **Personal trainer led fitness classes.**
- **Everyone welcome, ego free health, wellbeing, and fitness.**

We strive for a community feel at our centre which is achieved through the personal approach by our staff and to the training.

All our classes are based on small group, functional training and are designed and led by our qualified Personal Trainers.

We offer a broad range of training options, to keep your fitness journey as fluid and exciting as possible and to give you the best chance at success to achieve your individual health, wellbeing and fitness goals.



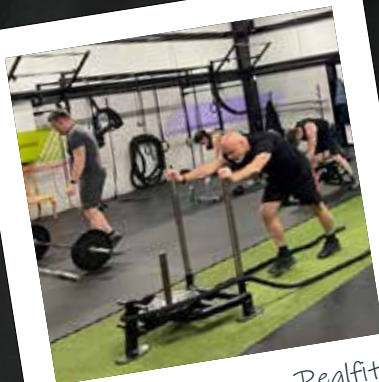
Senior Movement Crew



Woman's Lift



Boxing



Realfit X



Realfit Class



Strength Club

